

LE MERIDIEN LIMASSOL SPA & RESORT SPORTING ACTIVITIES SAMPLE PROGRAM



MONDAY

10:00 FIT BALLS – HEALTH AND FITNESS CLUB
10:30 BADMINTON PRACTICE – LEISURE LAND
12:00 TABLE TENNIS – LEISURE LAND
14:30 ARCHERY – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND
16:00 ADULTS FOOTBALL – LEISURE LAND

TUESDAY

10:00 AEROBIC REVOLUTION – HEALTH AND FITNESS CLUB
10:30 TENNIS TOURNAMENT – LEISURE LAND
11:00 GOLF PRACTICE – LEISURE LAND
12:00 BASKETBALL – LEISURE LAND
14:30 MINI GOLF – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND
16:00 FAMILY FOOTBALL – LEISURE LAND
17:00 FAMILY BOWLING & HAPPY HOUR - ATLANTIS BOWLING CENTRE HAPPY HOUR

WEDNESDAY

10:00 T.B.C. TOTAL BODY CONDITION – HEALTH AND FITNESS CLUB
12:00 TABLE TENNIS – LEISURE LAND
14:30 ARCHERY – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND
16:00 ADULTS FOOTBALL – LEISURE LAND

THURSDAY

10:00 POWER YOGA – HEALTH AND FITNESS CLUB
10:30 BADMINTON PRACTICE – LEISURE LAND
12:00 BASKETBALL – LEISURE LAND
14:30 MINI GOLF – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND
16:00 ADULTS FOOTBALL – LEISURE LAND
17:00 FAMILY BOWLING & HAPPY HOUR - ATLANTIS BOWLING CENTRE HAPPY HOUR

FRIDAY

10:00 STEP AND FLOOR EXERCISES - HEALTH AND FITNESS CLUB
12:00 TABLE TENNIS – LEISURE LAND
14:30 ARCHERY – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND

SATURDAY

10:30 TENNIS TOURNAMENT – LEISURE LAND
12:00 VOLLEYBALL – LEISURE LAND
14:30 MINI GOLF – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND
16:00 FAMILY FOOTBALL – LEISURE LAND
17:00 FAMILY BOWLING & HAPPY HOUR - ATLANTIS BOWLING CENTRE HAPPY HOUR

SUNDAY

14:30 HEAD TENNIS – LEISURE LAND
15:00 KIDS FOOTBALL (7-9YRS) – LEISURE LAND
15:30 KIDS FOOTBALL (10-13YRS) – LEISURE LAND
16:00 ADULTS FOOTBALL – LEISURE LAND